

# THE PATH TO PERSONAL PEACE

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## 3 SOURCES OF TENSION

- When circumstances are:
- When people are:
- When problems are:

*Jehovah Shalom = "I am the God of Peace"*

"I am leaving you with a gift – peace of mind and heart! And the peace I give isn't fragile like the peace the world gives. So don't be troubled or afraid." John 14:27 (LB)

## THE PATH TO PERSONAL PEACE

### 1. ACCEPT

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"I have learned to be satisfied with the things I have and with everything that happens. I know how to live when I am poor, and I know how to live when I have plenty. I have learned the secret of being happy at anytime in everything that happens ... I can do all things through Christ, because He gives me strength." Phil 4: 11-13 (NCV)

## THE SERENITY PRAYER

"God grant me the serenity to accept the things I cannot change,  
the courage to change the things I can, and the wisdom to know the difference."

### 2. TRUST

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"You, Lord, give true peace to those who depend on You because they trust You." Isa. 26:3 (NCV)

"Trust in the Lord with all your heart, and don't lean on your own understanding; in all your ways acknowledge Him, and He will direct your paths." Pr. 3:5-6 (NIV)

"Don't worry about anything; instead pray about everything; tell God your needs and don't forget to thank Him for His answers. If you do this, you will experience God's peace, which is far more wonderful than the human mind can understand." Phil. 4:6-7 (LB)

### 3. SURRENDER

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"If a person's thinking is controlled by his sinful self, then there is death. But if his thinking is controlled by the Spirit, then there is life and peace." Rom. 8:6 (ICB)

"Those who love your teaching will find true peace, and nothing will defeat them." Ps. 119:165 (NCV)

"Since we have been made right in God's sight by faith, we have peace with God because of what Jesus Christ our Lord has done for us." Rom. 5:1 (NLT)